

PARK MANOR POST

PARK MANOR PERSONAL CARE HOME - Summer 2010

OUR MISSION

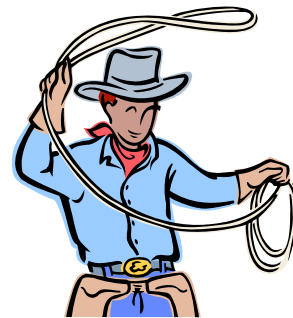
Offering love, peace, compassion,
hope and empowerment...
to CARE as Christ does.



THERAPEUTIC RECREATION AUGUST HIGHLIGHTS

- 1st - Transcona Christian Reformed Church
- 2nd - CIVIC HOLIDAY
- 3rd - Resident of the Month (2)
- 3rd - Len Hunchak
- 4th - Forks Trip (2)
- 4th - St. Michael's Church
- 4th - Folklorama
- 6th - Watermelon Feast
- 7th - Transcona SDA Church
- 8th - Springs Church
- 9th - Zoo Trip (1 & 2)
- 10th - BBQ (2)
- 11th - BBQ (1)
- 11th - Anglican Service
- 11th - Folklorama
- 13th - Ice Cream Sundaes
- 14th - Chaplain Diamond SDA Service
- 15th - Transcona Memorial United Church
- 16th - Shriner's Pipes & Drums
- 18th - Blessed Sacrament Church
- 19th - Forks Trip (1)
- 20th - Birthday Tea
- 21st - Dobbins Family SDA Church

- 22nd - Tabor Baptist Church
- 23-27 - WILD WEST WEEK
- 23rd - Butter Making, Cowboy Café, Steer Roping
- 24th - Country Music Games, Frog Hollow Farm Visit, Bob Halbeski
- 25th - Farmer's Market
- 25th - St. Joseph the Worker Church (2)
- 25th - Pony Rides
- 26th - Corn Feast, Hoop Dancer, Bonfire
- 27th - Square Dancers
- 28th - West Park SDA Church
- 29th - Lutheran Church of the Good Shepherd
- 30th - Half Moon Café (1 & 2)
- 31st - BBQ (2)
- 31st - James Ladyka



DID YOU KNOW?

Leisure involvement often leads to increases in self esteem, self worth, status, recognition, enjoyment, satisfaction, and/or independence, all of which enhance quality of life and contribute to a meaningful, healthy lifestyle.



Chaplain's Corner

Bondage to Decay

The creation itself will be liberated from its bondage to decay and brought into the glorious freedom of the children of God. (Romans 8:21)

How many times have you heard it said, "Monday morning – back to the real world?" Actually we are always in the real world. Perhaps you have heard this song;

What a Wonderful World

I see skies of blue, and clouds of white
The bright blessed day, dark sacred night
And I think to myself, what a wonderful world

The colours of the rainbow, so pretty in the sky
Are also on the faces of the people passing by
I see friends shaking hands, saying, "how do you do?"
But they're really saying, "I love you"

I hear babies cry, I watch them grow
They'll learn much more, than I'll ever know
And I think to myself, what a wonderful world
I think to myself, what a wonderful world
Oh yeah

The problem with the song is that it is very subjective. Some may relate to it for awhile, at least. But in reality it's not a very nice world. Something corrupted it long ago and put it "in bondage to decay."

We live with decay. All around us and inside us, everything is breaking down. We are tied into this process of decay. In fact it was humanity that caused the process. History began with human choice that invited sin and death into paradise.

In reality, all of humanity suffers because we are a part of nature. We are stricken by mishap and disease. We watch helplessly as the inevitable moves in to assault our loved ones and ourselves.

But there is hope for us – and believe it or not, for all of God's creation. God's grace is so grand that it includes the liberation of creation itself. Christ's work of redemption is not a partial rescue – one that involves snatching his chosen people from a crumbling world. Romans chapter eight calls us to think of hope as something that runs through the length and breadth of the entire creation.

Here, too, we find insight into our suffering. We suffer a great deal as part of the curse on creation. But, because of His great mercy, some day creation will be liberated and set free from all decay. Surely we will be as well.

Chaplain Diamond

Volunteer Corner....

Bernice Middlestead



"Park Manor Volunteers – Love in Motion" **Just a quick note to say:**

I will be out of the office most of the time during the months of July and August. The Therapeutic Recreation staff will be available if volunteers need to make changes or have questions or concerns.

I will be checking my voice mail and responding or passing on information, and I will be in occasionally to catch up on monthly stats and to stay connected.

Volunteers are asked to contact their direct supervisor if they are going to be away or cannot fulfill their commitment for any reason.

Volunteers that are taking residents on medical trips will be contacted directly by the nursing dept.

People filling out volunteer application forms will be contacted and placed in early September.

Have a wonderful summer everyone. God Bless.

Keep up the good work.

Thank You and God Bless - - - - - Bernice

Dates To Remember

Park Manor Auxiliary:

Meets: Tuesday, September 7, 2010

New Volunteer Orientation:

Wednesday, June 16, 2010 – 5 – 6:30 PM

Wednesday, June 23, 2010 – 5 – 6:30 PM

Wednesday, Sept. 15, 2010 – 5 – 6:30 PM

June Birthday Greetings

Al Peatfield Chloe Norman Lynsay LeBlanc
Joyce Lucy Peter Hiebert

July Birthday Greetings

Pat Allan Louise Page Karla Peterson
Ken Batt Joan Gylywoychuk Janet Smith
Margaret Jaman Janelle Doberstein

August Birthday Greetings

Pat Remillard Carlos Walcott Jean Gula
Doris Heselwood Carol McQuat Ben Baars

Happy Birthday!

***In Times of Illness, Bereavement, Discouragement:
We Care about You, Think about You,
Pray for You...***

John Quiring Pat Carroll Cora Nelson
Jane Parker Cindy Caouette Sandy Chartrand
Donna Wilde Lucy Pascal Florent Labossiere
Josie Tennyck Al Peatfield Shiela Hildebrand

Our Sincere Appreciation

*For the many programs we're able to offer,
Thanks to our volunteers,
For all the angels in Palliative Care,
Who comfort and calm the fears.*

*For woodworking, crafts and beauty club,
For music and gardening too,
Pet visits, bingo and shopping trips,
We know we can count on you.*

*For the Auxiliary's "Snacks n' Things",
For fundraisers and bake sales,
For perogy makers and "meals on wheels",
For escorts and delivering the mail.*

*For hope you give and hearts you lift,
For the smiles and the love you share,
For thoughtful words and gentle hands,
And your work in Pastoral Care.*

*We honour the Park Manor volunteers,
For your unselfish dedication,
You've earned our thanks & our gratitude,
You're truly an inspiration!*

- Sharon Harris

FARMER'S MARKET

WEDNESDAY, AUGUST 25, 2010

9:30 am – 6:30 pm



Donations from Resident Families,
Staff, Volunteers & Friends would be
thankfully accepted.

White elephant items - anytime before Aug. 24

Craft items - anytime before Aug. 24

Home Pies/Pastry & baking – Aug. 24 pm Aug. 25am

Canning / Preserves - by August 25

Fresh Fruit/Vegetables – Aug. 24pm Aug. 25am

(Garden produce is always a hot commodity)

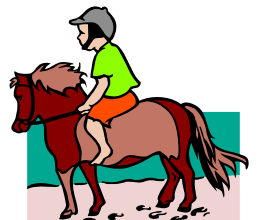
If you are able to donate some items, please sign up, on the sheets posted on Ther. Recreation Bulletin Boards or call to let us know how you can help. (222-3251, Ext. 245)

THANK YOU...

PONY RIDES

AUGUST 25, 2010 6:30-7:30 PM

\$2.00 per ride



Place: Park Manor PCH front lawn
301 Redonda Street

Hello, Hello, Hello From the Adult Day Program

Well, we've had a busy couple of months here. In June we had a Father's Day Brunch for the Tuesday, Wednesday and Friday groups. On the menu were mushroom quiche muffins, freshly baked buns and ice cream for dessert. Mmm, mmm good. Tuesday's group also had a visit from 2 volunteers from the Winnipeg Seniors Amateur Radio Club who gave a presentation on ham radio. Our thanks to the "2 Eds" for all the great information. Our groups also tried a new game – lasso golf. Lots of fun!

In July Monday's and Wednesday's groups each enjoyed a trip to Harbourview for lunch while Thursday's group went to Smittys. Our Monday and Tuesday groups each had a barbeque with hamburgers and potato salad. Yum! We also played our own version of Jeopardy.

We have found that Albert, our fish, is rather fussy about his food. We tried to give him some new treats, but he tasted them and promptly spit them out! Oh well, fish will be fish.

Belinda Crorey



NEWS FROM ALL CORNERS...

EMPLOYEES WHO RECEIVED FROM THE EMPLOYEE CARE PROGRAM

Trisha Wronski – Wedding
Ricky delos Santos – Illness
Vanessa McGuire – Illness
Lynette Stobbe – Illness
Laurie Hetu – Illness
Steven Madden-Newbold - Resignation

Staff Education & In-services

August 10 – Care Conference (1)
August 17 – Care Conference (2)
August 24 – Care Conference (1)
August 26 – Workplace Safety & Health Meeting
August 31 – Care Conference (2)

A good deed is never lost: he who
sows courtesy reaps friendship;
and he who plants kindness
gathers love.

Basil

Welcome to Park Manor:

Nancy Vasilopoulos

Athenasia or Nancy as she prefers to be called was born in Greece. She married Athanasios "Tom" Vasilopoulos in 1955 and they immigrated to Canada in 1960. They have two children, son Chris and daughter, Georgia. Nancy moved into Park Manor on June 9, 2010. Welcome, Nancy.

George "Ben" Findlay

Ben was born in Kenora, Ontario. He has four children, Christine, Heather, Sandy and David. Ben worked as a lithographer at Venus Printing and then at Palliser Furniture until retirement. Ben is a sociable gentleman who loves to joke, laugh and is active in programming. He moved to Park Manor on June 10, 2010. Welcome, Ben.

Bernice Sebunchak

Bernice was born in Transcona. She is married to Adolph and they have two daughters, Aileen and Debra. Bernice completed Success College and worked for Great West Life prior to her children's birth. She is a friendly lady who moved to Park Manor on June 14, 2010. Welcome, Bernice.

Catherine "Kay" Robinson

Kay was born in Forte River, Manitoba. She is a proud mother of four children, Anna, Shirley, Gary and Peter. Kay worked as a manager in a cafeteria and later as a caterer for banquets. Kay moved to Park Manor on July 8, 2010. Welcome, Kay.

Janina Kajda

Janina was born in Russia and married Marian Kajda. She was widowed in 2008. Janina has three children, Frank, Christine and Theresa. She worked as a seamstress and at St. Boniface Hospital. Janina moved to Park Manor on July 9, 2010. Welcome, Janina.

Anna Dick

Anna was born in Russia and came to Canada with her family in 1925. She married Nick Dick and they lived in Elm Creek, MB. She has five children, Alfred, Anne, Henry, Eleanor and Rita, plus 15 grandchildren and 22 great-grandchildren. Anna loved to sew, garden, canning, played guitar and sang in the Mennonite Bretheran church choir as well as being a member of the Church Auxillary. She was also an active bowler and bowled until she was in her early 90's. Anna moved to Park Manor on July 12, 2010. Welcome, Anna.



**EXECUTIVE RESIDENT/
FAMILY ADVISORY
COUNCIL MEETING:**

Tuesday Sept. 28, 2010 @ 9:45 am

*All minutes are posted on the bulletin boards
on 1st and 2nd floor.*

RESIDENT BIRTHDAYS

July

- 4th – Ivy McClelland
- 7th – Robinson, Kay
- 9th – Rose Kochuk
- 14th – Millie Haas
- 20th – Stephanie McGill
- 20th – Edith Heieie
- 23rd – Margaret Omand
- 23rd – Eleanor Head
- 26th – Mary Kaziuk
- 29th – Charles Howell
- 30th – Patricia McNabb



August

- 4th – Rose Doroschuk
- 14th – Gem Gazan
- 15th – Clair Anderson
- 22nd – Anne Kowalchuk
- 25th – Mary Hogue
- 30th – Frances Botchar

*Happy Birthday to you...
Happy Birthday to you!*



**HIGH TR PROGRAM
ATTENDANCE**



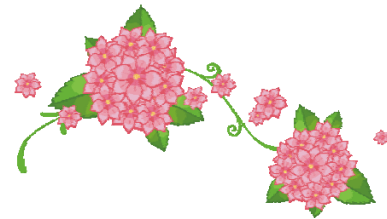
June

1st Floor

- Ines Fontes – 93 programs
- Elizabeth Sereda – 85 programs
- Rose Doroschuk – 83 programs
- Theresa Grybinsky – 83 programs
- Agnes Peloquin – 83 programs
- Mary Grapentine – 81 programs

2nd Floor

- Margaret Rice – 95 programs
- Irene Copland – 91 programs
- Stella Troschuk – 89 programs
- Julie Rivers – 89 programs
- Sophie Kereluk – 86 programs



In Loving Memory

*Lena Brychka
September 29, 1922 – June 8, 2010*

*Magdalene Ruppel
April 12, 1920 – June 12, 2010*

*Emily Trump
May 13, 1919 – June 23, 2010*

*Mary Miller
September 11, 1914 – June 26, 2010*

*Ethel Swift
April 16, 1932 – June 30, 2010*

*Genoveva Reyes
November 24, 1924 – July 4, 2010*

*Janet Trager
July 28, 1925 – July 13, 2010*

My Cup Has Overflowed

I've never made a fortune,
And it's probably too late now.
But I don't worry about that much,
I'm happy anyhow
And as I go along life's way,
I'm reaping better than I sowed.
I'm drinking from my saucer,
'Cause my cup has overflowed.

Haven't got a lot of riches,
And sometimes the going's tough
But I've got loving ones all around me,
And that makes me rich enough.
I thank God for his blessings,
And the mercies He's bestowed.
I'm drinking from my saucer,
'Cause my cup has overflowed.

I remember times when things went wrong,
My faith wore somewhat thin.
But all at once the dark clouds broke,
And the sun peeped through again.

So Lord, help me not to gripe,
About the tough rows I have hoed
I'm drinking from my saucer,
'Cause my cup has overflowed.

If God gives me strength and courage,
When the way grows steep and rough.
I'll not ask for other blessings,
I'm already blessed enough.

And may I never be too busy,
To help others bear their loads.
Then I'll keep drinking from my saucer,
'Cause my cup has overflowed.

